

Your Running Information Source

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All proceeds go to The Loon Lake Property Owners Association, "Working together for a fun, safe and scenic lake community."

# **2023 Sponsors**

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Thank you for supporting our Sponsors!

# The 18<sup>th</sup> Annual Loon Lake 5.5 K Run/Walk



July 1, 2023 8:00A.M.

\*\*\*Ultra RFID Chip Timing by KRA \*\*\*
Results posted on runsignup.com

\*\*\*\* Pay or Donate on-line! \*\*\*\*

Enjoy a delicious pancake breakfast following your race! Just around the lake at 2757 W Buckles Rd. Tickets on sale day of race. Pancakes, sausage, coffee, juice or water along with a great view of Loon Lake.

# The Loon Lake 5.5K Run/Walk Saturday July 1, 2023 at 08:00 am

#### **Event Day Schedule**

7:00 AM - 7:45 AM - Registration

8:00 AM - Run / Walk Starts

9:00 AM - Timing Stops

9:10 AM - Awards

#### Where **Where**

Loon Lake's former campground, Loon Lisle Nature Reserve. Just past 5706 S 600 W-57

#### Course

Run counter clockwise around lake for 3.4 miles, a few hills and many scenic lake views

**Cost**: \$20

# **Registration or Donate**

Online thru 6/30/23 (by 11:59 PM) at:

# http://runsignup.com/loonlakerunwalk

Or make checks payable to LLPOA

Send completed registration and payment to:

Loon Lake Run/Walk P.O. Box 605 Columbia City, IN 46725

**Race Day Registration Accepted!** 

#### **T-shirt and Awards**

All entrants **registered** by 6/30/23 Guaranteed to receive a **T-shirt** 

\*\*\* Every runner / walker is eligible for raffle prizes (pre-drawn) \*\*\*

Three Rivers Running Company

Provides \$25.00 Gift Certificate award to the TOP THREE overall Male and Female winners

5.5 K Runners: Awards presented to male and female top three finishers by age groups.

Water stations during and at the end of the race

### For event information

Call: Scott Davis Phone: (260) 799-4377 E-mail: spdmsu@hotmail.com

#### **Registration Form**

(Please Print Clearly)

Name:	
Address:	
City:	
State: Zip:	
***REQUIRED***	
Phone:E-mail:	
Circle Gender: M	F
Circle Tee Shirt Size:	
Youth: M L Men's: S	M L XL 2XL
Age: Birth Date: _	

Waiver: I know that running a road race is a potentially hazardous activity. I should not enter unless I am medically able and properly trained. I agree to abide by any decisions of a race official relative to my ability to safely complete the run. I assume all risks associated with participating in the event including but not limited to: falls, contact with other participants, the effect of weather, including precipitation and cold or hot temperature, traffic, and the conditions of the road, all such risks being known and appreciated by me. For my safety I understand that bicycles, skateboards, roller skates, in-line skates, and radio headsets are not allowed in this race and I will abide by this guideline. NO DOGS or other animals should be taken on the race route. Having read this waiver and knowing the facts and in consideration of your accepting my entry, I for myself and anyone entitled to act on my behalf, waive and release the race directors, all sponsors, and all volunteers, from all claims of liabilities of any kind arising out of my participation in this event. I permit my photograph or likeness to be used for any legitimate purpose.

Signature (Parents if under 18) Date
REOUIRED!!